In compliance with paragraphs 3.63 to 3.74 of the Listings Requirements of the Johannesburg Stock Exchange ("JSE"), the following information relating to a trade in the ordinary shares of the Company by a director of the company is disclosed:

Name of director:          Carl Alfred Grillenberger  
Name of company:          Advanced Health Limited  
Date of transaction:      6 December 2017  
Number of securities:     271 000  
Class of securities:      Ordinary shares  
Nature of transaction:    On market purchase  
Price per share:          68 cents per share  
Nature of interest:       Indirect beneficial  
Extent of interest:       Less than 0.09%  
Value of transaction:     R184 280  
Clearance to deal obtained: Yes

Name of director:          Carl Alfred Grillenberger  
Name of company:          Advanced Health Limited  
Date of transaction:      6 December 2017  
Number of securities:     65 050  
Class of securities:      Ordinary shares  
Nature of transaction:    On market purchase  
Price per share:          70 cents per share  
Nature of interest:       Indirect beneficial  
Extent of interest:       Less than 0.02%  
Value of transaction:     R45 535  
Clearance to deal obtained: Yes

Johannesburg
7 December 2017

Designated Advisor
Grindrod Bank Limited